

Sara Armstrong



Change - Balance - Synergy

**Keynote
Break-out Sessions
Lunch and Learn
Half and Full day
Seminars**

Sara L Armstrong Ent. LLC
2295 Towne Lake Pkwy
Suite 116-197
Woodstock, GA 30189
Phone: 770-517-2558
Fax: 770-517-2558
sara@sarmstrong.biz
www.sarmstrong.biz



Four Ps of Communication

Communication happens on many levels in every aspect of our lives. Whether at home, out in public or in business situations, how we transmit information, feelings and directions to others is key to success.

Using her extensive experience in varied business and life situations, Sara Armstrong has formulated the Four Ps of Communication.

- Private
- Public
- Professional
- Physical

Each topic is discussed with honesty and humor. The audience will obtain valuable tools for relating to co-workers, family and clients to increase productivity, cooperation and trust.

Contact us today to book Sara Armstrong for your event.



Change - Balance - Synergy