

Sara Armstrong



Change - Balance - Synergy

**Keynote
Break-out Sessions
Lunch and Learn
Half and Full day
Seminars**

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Safe is a Four Letter Word

“This is a safe neighborhood. Things like this don’t happen here.” This has become a familiar refrain after a serious crime happens in an unexpected place.

The unfortunate truth is that nowhere is completely safe. Sara Armstrong gives simple, valuable advice on how to be on guard at all times.

You will learn:

- How to swivel and scan
- Why the “second location” is risky
- Safety checks and cross checks

Contact us today to book Sara Armstrong for your event.



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